

With bodhicitta, you have the best and happiest life

Generating bodhicitta is great. Every single human being is included; every single animal, even the tiniest insect, everyone. Nobody is left out. Not one mosquito, not one insect is left out. It is so important to generate the thought to achieve enlightenment for them, to benefit them. Wow, wow, wow, wow. That is the best, when every single action of our body, speech and mind is for them. Wow, that is the best. There is nothing in life that is better.¹